The Snohomish Health District wants you to succeed in creating a healthy, happy environment for children. Parents will feel comfortable knowing your business is a safe place to leave their children thanks to a clean environment, clear policies, trained staff, and good parent communications.

The Child Care Health Outreach Program helps child care providers with the many health and safety challenges that arise, including preventing the spread of illness, maintaining a safe and clean environment, managing policies and records, and meeting children’s special health, dietary, and behavioral needs.

**Program Mission Statement**
To keep children safe and to lead in the promotion of healthy early childhood development through collaborative population-based interventions that support and educate the child care community.

Our program staff are available to assist you through on-site consultation at your child care, over the phone, or by email.

**Email:**
childcarehealth@snohd.org

**Phone:**
CCHOP Direct Line...425.252.5415
Alexandria Deas.........425.339.3535
Behavior Health Specialist
Bonnie Decker............425.339.5228
Public Health Nurse
Micha Horn...............425.339.8712
Environmental Health Specialist
Katy Levenhagen.........425.252.5407
Nutritionist

**Website Resources:**
http://www.snohd.org/238/Child-Care-Providers
- Disease fact sheets/parent letters
- Health policy templates
- Menu planning guidelines/tips
- Brochures, handouts, forms
- Links to sign up for our newsletter and access our learning portal

**Services for Child Cares**

**STARS Trainings for Child Care Providers**
Snohomish Health District offers STARS-approved online courses for child care providers. Our classes are open to people who live or work in Snohomish County and are offered at no cost. Courses are available through our online learning portal and can be completed on a computer, tablet, or cell phone. Participants complete courses at their own pace. Most courses are designed to take approximately 2 hours to complete.

To view our course catalog, please visit our learning portal at:
https://childcare-snohd.talentlms.com

**Snohomish Health District**
Child Care Health Outreach Program
3020 Rucker Avenue, Suite 104
Everett, WA  98201-3900

**EH_ServicesForChildCares_3.25.19 mh**
Services Available to Child Care Providers from Snohomish Health District

► Behavioral Health
Our Behavior Health Specialist (BHS) is available to consult with child care providers about behavioral health related concerns in their child care home or facility. The BHS can provide information about addressing challenging behaviors, interventions for children with mental health diagnoses, training in trauma and resilience, and referrals for community resources.

► Cleaning, Sanitizing, & Disinfecting
Contact our program for guidance on the proper use of cleaning, sanitizing, or disinfecting products.

► Crisis/Disaster Planning
Get assistance with the development of a comprehensive disaster plan, reviewing the child care site for hazards, practicing fire and disaster drills, putting kits together, and preparing ways to help children cope after a disaster.

► Eco-Healthy Child Care Program
Get assistance for your child care in achieving an Eco-Healthy Child Care endorsement. For more information on the program, visit: www.ecohealthychildcare.org

► Food Safety
Our staff can review your food preparation facilities, food handling practices, and menu safety. We also provide information to license-exempt preschools on how to meet the Washington State Food Code requirements.

► Health Plan Review
Need your health policy reviewed? Our program staff will review and sign it at no cost as long as our current template is used. Contact us to have the template sent to you.

► Illness Prevention and Control
Depending on the illness, Snohomish Health District (SHD) staff may provide you with information over the phone or visit the child care to help prevent the spread of disease in your child care, families, and the community. Our staff will answer questions you have about excluding children, symptoms to watch for, and prevention measures to take. Child care providers must call SHD at 425-339-5278 in the event of any reportable illnesses at their child care.

► Immunizations
Our Public Health Nurse can help answer questions regarding the Certificate of Immunization Status form, the Certificate of Exemption, and the Annual Status report.

► Infant Nurse Consultant Support
Infant nurse consultants may contact our staff with questions and resources and are welcome to participate in our Nurse Consultant Partnership Program.

► Injury Prevention
Indoor and outdoor environments can be reviewed for safety hazards and ideas are provided for improvements.

► Medication Management
Having clear medication administration policies and procedures are important for preventing medication errors. Our on-site consults give you tips on how to improve and ensure safe administration of medications.

► Menu Planning
Our program Nutritionist is available to provide guidance on meeting the CACFP guidelines for serving meals and snacks.

► Mediation Management
Consults give you tips on how to improve and prevent medication errors. Our on-site consults give you tips on how to improve and ensure safe administration of medications.

► Mealtime Practices
Make your mealtime count! Learn strategies for creating safe and healthy mealtimes that contribute to self regulation and child development. Consultations and guidelines on infant feeding practices are also available.

► Medication Management
Consults give you tips on how to improve and prevent medication errors. Our on-site consults give you tips on how to improve and ensure safe administration of medications.

► Menu Planning
Our program Nutritionist is available to provide guidance on meeting the CACFP guidelines for serving meals and snacks.

► Infants
Infant nurse consultants may contact our staff with questions and resources and are welcome to participate in our Nurse Consultant Partnership Program.

► Injury Prevention
Indoor and outdoor environments can be reviewed for safety hazards and ideas are provided for improvements.

► Medicaid Management
Consults give you tips on how to improve and prevent medication errors. Our on-site consults give you tips on how to improve and ensure safe administration of medications.

► Mealtime Practices
Make your mealtime count! Learn strategies for creating safe and healthy mealtimes that contribute to self regulation and child development. Consultations and guidelines on infant feeding practices are also available.

► Menu Planning
Our program Nutritionist is available to provide guidance on meeting the CACFP guidelines for serving meals and snacks.

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Consults give you tips on how to improve and prevent medication errors. Our on-site consults give you tips on how to improve and ensure safe administration of medications.

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► Menu Planning
Our program Nutritionist is available to provide guidance on meeting the CACFP guidelines for serving meals and snacks.

► Physical Activity
Physical activity contributes to executive function, academic skills, growth, and fitness. Find out the guidelines for physical activity and discover new ideas for adding more movement to your daily routine.

► Playground Safety
Make sure your outdoor play space is safe. Get ideas for creative outside play.

► Screen time Policies
Too much screen time may affect a child’s behavior, weight, and ability to learn. The American Academy of Pediatrics recommends specific screen time guidelines for children. Get the most current standards for limiting screen time and resources for alternatives.

► STARS Classes
The Snohomish Health District offers STARS-approved online learning courses at no cost. For instructions and more information, visit our website at: http://www.snohd.org/STARS

► Toothbrushing
Find out how to easily add toothbrushing to your daily routine.

All our services and classes are FREE for Snohomish County child care providers.

Call us at 425.252.5415 or email to childcarehealth@snohd.org

We look forward to working with you.