

Help Your Employees Quit Smoking

Employees who are tobacco-free are healthier, take fewer breaks and sick days, and access health care less frequently. Here are some tips for you and your employees:

- Contact our Tobacco Prevention Program at 425.339.5250 for help developing tobacco-free policies for your business.
- Check your health plan to see if smoking cessation resources are available.
- Visit www.BecomeAnEx.org for a new way to think about quitting.
- Reach out to the Washington State Quit Line at 800.QUIT.NOW or www.quitline.com. Research shows that those who call double their chances of success!
- Download an app at doh.wa.gov/SmartQuit. SmartQuit is a research-based smoking cessation program that is 3x more effective than trying to quit on your own.

Our Public Health Concerns

According to the Centers for Disease Control and Prevention (CDC):

- 1 out of every 5 deaths are caused by smoking, the leading cause of preventable deaths in the U.S.
- Secondhand smoke contains more than 7,000 chemicals, more than 70 of which are known to cause cancer.
- There is no risk-free exposure to secondhand smoke. Even brief contact can be harmful to your health.
- Even a small amount of liquid nicotine can be fatal to toddlers.

No one should have to risk their health in order to hold a job. Breathing toxic air should not be a condition of employment for anyone.

Thank you for helping us improve the health of all people in Snohomish County!

Snohomish Health District
Environmental Health Division
3020 Rucker Avenue, Ste 104
Everett, WA 98201-3900
425.339.5250

PUBLIC HEALTH
always working for a safer & healthier
SNOHOMISH COUNTY

SIPP_Brochure_2015_12_LML

Snohomish County is a Clean Air Zone



**NO
SMOKING**



**NO
VAPING**

in public places or within 25 feet of entryways, doors or windows.

(Snohomish Health District Sanitary Code 13.2 and 14.6)

To report violations or for information on quitting:
425.339.5250 | www.snohd.org | www.quitline.com

What Business Owners and Operators Need To Know



**SNOHOMISH
HEALTH DISTRICT**
WWW.SNOHD.ORG

Key Points of the Laws

This brochure is intended to provide highlights of Chapters 13 and 14 of our Sanitary Code. We encourage you to visit www.snohd.org to review the complete regulations, or contact us at 425.339.5250 with questions.

All smoking and vaping, including marijuana and hookah products, is prohibited inside and within 25 feet of public places.

- “Public places” and “places of employment” includes any building or portion of a building, vehicle or outdoor venues where employees are required to pass through to perform job duties.
- No smoking or vaping is allowed within 25 feet of entrances and exits, which includes opening windows and ventilation intakes.
- Break rooms, parking garages and covered entryways must be maintained as smoke-free and vape-free.
- This law includes membership-only clubs that has employees and/or allows guests onto the premises.
- Hotels and motels area required at least 75 percent of the sleeping quarters available to guests be smoke-free and vape-free.

NICOTINE IS A HARMFUL STIMULANT DRUG JUST AS ADDICTIVE AS HEROIN & COCAINE



10 SECONDS how fast one puff of nicotine reaches the brain
Nicotine carries messages to the brain that affects your heart, respiration, memory & muscle movement

Signage Requirements

Businesses and workplaces must post clearly visible signs prohibiting smoking at all building entrances, and in prominent locations throughout the building.

Retailers selling vapor products will also be required to post signs stating no sales to minors, nicotine is toxic and keep away from children.

Free signs available for download on our website, or you can contact Main Media at 425.353.5547 to purchase metal signs for building exteriors or posts. We also have updated window stickers available at our Everett and Lynnwood office locations.



Vapor Product Requirements

In order to prevent youth access, the law stipulates that vapor products cannot be sold to, given to, or possessed by minors. Furthermore, retailers selling vapor products are required to verify age through photographic ID checks at the point of sale.

Any person selling vapor products in Snohomish County must have a permit issued by the Snohomish Health District. A separate permit is required for each vapor product retail outlet location, and temporary locations or moveable vehicles are prohibited.

Visit our website or contact us at 425.339.5250 for permit requirements and applications.

Limited Exemptions to the Laws

- Tribal nations are exempt from the laws, but non-tribal businesses on reservation land are required to comply.
- Retail outlets with valid permits to sell vapor products only may allow limited sampling per Section 14.7 of the code.

Background on the Laws

The Smoking in Public Places Law was passed in 2005, making Washington the 10th state in the country to implement a law prohibiting smoking in all restaurants and bars, as well as the 5th state to require that 100 percent of all indoor workplaces be smoke-free.

In January 2015, we created Chapter 13 in our code to clarify places of employment and that it applies to cigarettes, marijuana and hookah smoking.

In December 2015, Snohomish County became the 5th county in the state to also prohibit vaping in public.

Vaping reduces exposure to many of the 7000+ toxins found in tobacco but there is no proof that e-cigs or the vapor are safe



CARTRIDGES CAN BE MODIFIED TO ALLOW VAPING OF DRUGS LIKE

COCAINE
HEROIN
MARIJUANA