# Youth Alcohol Use: Snohomish County 2010

## Findings from the Washington State Healthy Youth Survey

### Drinking

<table>
<thead>
<tr>
<th></th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Current Alcohol use</td>
<td>2.2</td>
<td>11.7</td>
<td>25.6</td>
<td>38.8</td>
</tr>
<tr>
<td>Ever tried Alcohol</td>
<td>21.9</td>
<td>35.7</td>
<td>56.1</td>
<td>69.8</td>
</tr>
<tr>
<td>Current Binge Drinking</td>
<td>2.1</td>
<td>6.7</td>
<td>15.0</td>
<td>22.7</td>
</tr>
<tr>
<td>Problem Drinking</td>
<td>1.7</td>
<td>3.7</td>
<td>7.1</td>
<td>12.8</td>
</tr>
<tr>
<td>Heavy Drinking</td>
<td>0.6</td>
<td>4.4</td>
<td>10.4</td>
<td>14.1</td>
</tr>
<tr>
<td>No Drinking</td>
<td>97.8</td>
<td>88.3</td>
<td>74.4</td>
<td>61.2</td>
</tr>
</tbody>
</table>

**Problem drinking:** Drinking on 3-5 days in the last 30 days or 1 binge drinking in past 2 weeks

**Heavy drinking:** 6+ days drinking in past 30 days or 2 binge drinking in past 2 weeks

### Driving

<table>
<thead>
<tr>
<th></th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recently rode in a vehicle driven by someone who had been Drinking</td>
<td>16.5</td>
<td>16.7</td>
<td>20.2</td>
<td>21.1</td>
</tr>
<tr>
<td>Recently drove a vehicle (themselves) when you had been Drinking</td>
<td>~</td>
<td>3.6</td>
<td>6.4</td>
<td>11.4</td>
</tr>
</tbody>
</table>

### Perception of Use

<table>
<thead>
<tr>
<th></th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Think it would be very easy to get Alcohol if they wanted some</td>
<td>4.5</td>
<td>15.5</td>
<td>25.8</td>
<td>36.4</td>
</tr>
<tr>
<td>Think it is very wrong for someone their age to use Alcohol</td>
<td>86.5</td>
<td>71.5</td>
<td>48.5</td>
<td>32.2</td>
</tr>
</tbody>
</table>

### Access to Alcohol

<table>
<thead>
<tr>
<th></th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Got Alcohol from friends</td>
<td>3.2</td>
<td>8.5</td>
<td>18.5</td>
</tr>
<tr>
<td>Got Alcohol at home without permission</td>
<td>3.3</td>
<td>4.8</td>
<td>4.7</td>
</tr>
<tr>
<td>Got Alcohol at home with permission</td>
<td>1.7</td>
<td>3.2</td>
<td>5.0</td>
</tr>
<tr>
<td>Got Alcohol at a party</td>
<td>2.5</td>
<td>8.0</td>
<td>14.6</td>
</tr>
<tr>
<td>Gave someone money to buy Alcohol for them</td>
<td>1.7</td>
<td>4.5</td>
<td>11.3</td>
</tr>
</tbody>
</table>

~ Not asked of students in this grade  
* Too few responses to report

Current use = any use in the past 30 days (also called recent use).  Ever tried = use at anytime in the past (also called lifetime use).

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For more information about this data sheet, please contact Carrie McLachlan, MPA, Program Manager, Healthy Communities and Assessment at: cmclachlan@snohd.org or 425-339-8650

Rv. 3/13
## Youth Involvement & Community Environments: Snohomish County 2010

Findings from the Washington State Healthy Youth Survey

### Involvement in Activities

<table>
<thead>
<tr>
<th>Activity</th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Involved in supervised after-school activities at least one day per week</td>
<td>~</td>
<td>63.5</td>
<td>65.2</td>
<td>67.9</td>
</tr>
<tr>
<td>Never participate in clubs, organizations, activities at school</td>
<td>27.8</td>
<td>~</td>
<td>~</td>
<td>~</td>
</tr>
<tr>
<td>Lots of chances for students to get involved in sports, clubs, activities</td>
<td>~</td>
<td>90.8</td>
<td>93.0</td>
<td>91.0</td>
</tr>
</tbody>
</table>

### Community Involvement & Volunteering

<table>
<thead>
<tr>
<th>Activity</th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community has opportunities for prosocial involvement</td>
<td>~</td>
<td>72.3</td>
<td>73.0</td>
<td>79.9</td>
</tr>
<tr>
<td>Community rewards prosocial involvement</td>
<td>38.3</td>
<td>~</td>
<td>~</td>
<td>~</td>
</tr>
<tr>
<td>Sports team and recreation are available</td>
<td>~</td>
<td>86.8</td>
<td>88.4</td>
<td>91.7</td>
</tr>
<tr>
<td>Scouts, Camp Fire, 4-H, and other service clubs are available</td>
<td>~</td>
<td>66.4</td>
<td>71.7</td>
<td>77.6</td>
</tr>
<tr>
<td>Boys and Girls Club, YMCA, or other activity clubs are available</td>
<td>~</td>
<td>81.6</td>
<td>84.9</td>
<td>88.9</td>
</tr>
<tr>
<td>Has volunteered for community service in past year</td>
<td>49.0</td>
<td>~</td>
<td>~</td>
<td>~</td>
</tr>
<tr>
<td>People in my neighborhood encourage me to do my best</td>
<td>45.4</td>
<td>~</td>
<td>~</td>
<td>~</td>
</tr>
<tr>
<td>People in my community are proud of me</td>
<td>46.2</td>
<td>~</td>
<td>~</td>
<td>~</td>
</tr>
</tbody>
</table>

### Weapon Carrying

<table>
<thead>
<tr>
<th>Activity</th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carried a weapon to school on 6 or more days</td>
<td>~</td>
<td>1.4</td>
<td>3.2</td>
<td>3.5</td>
</tr>
<tr>
<td>Carry a gun (not for hunting) in past 30 days</td>
<td>~</td>
<td>10.9</td>
<td>12.2</td>
<td>8.9</td>
</tr>
<tr>
<td>Perceive the availability of handguns to be sort of easy or very easy</td>
<td>~</td>
<td>13.0</td>
<td>16.0</td>
<td>20.7</td>
</tr>
</tbody>
</table>

~ Not available for students in this grade.

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Rv. 11/12
## Youth Injury: Snohomish County 2010

Findings from the Washington State Healthy Youth Survey

### Unintentional Injury

<table>
<thead>
<tr>
<th>Activity</th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Use a seatbelt &quot;most of the time&quot; or &quot;always&quot;</td>
<td>96.2%</td>
<td>91.9%</td>
<td>91.3%</td>
<td>94.5%</td>
</tr>
<tr>
<td>Use a bike helmet &quot;most of the time&quot; or &quot;always&quot;</td>
<td>46.0%</td>
<td>25.1%</td>
<td>16.1%</td>
<td>13.0%</td>
</tr>
<tr>
<td>Use a lifejacket when in a small boat more than half the time</td>
<td>~</td>
<td>53.2%</td>
<td>46.9%</td>
<td>42.4%</td>
</tr>
</tbody>
</table>

### Motor Vehicle Accidents

<table>
<thead>
<tr>
<th>Activity</th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Recently drove a vehicle (themselves) when you had been drinking</td>
<td>~</td>
<td>5.6%</td>
<td>6.4%</td>
<td>11.4%</td>
</tr>
<tr>
<td>In past 30 days, ever ridden in a car with someone who had drank alcohol</td>
<td>~</td>
<td>16.7%</td>
<td>20.2%</td>
<td>21.1%</td>
</tr>
</tbody>
</table>

### Safe Environments: Weapons, Physical Fighting, Bullying

<table>
<thead>
<tr>
<th>Activity</th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carried a weapon on school property in the past 30 days</td>
<td>2.2%</td>
<td>5.1%</td>
<td>7.2%</td>
<td>6.2%</td>
</tr>
<tr>
<td>Carried a weapon for self-protection or might need in a fight, past 30 days</td>
<td>~</td>
<td>10.9%</td>
<td>12.2%</td>
<td>8.9%</td>
</tr>
<tr>
<td>Involved in a physical fight in the past 12 months</td>
<td>25.9%</td>
<td>32.7%</td>
<td>26.5%</td>
<td>20.5%</td>
</tr>
<tr>
<td>Has been bullied in the past 30 days</td>
<td>29.0%</td>
<td>30.9%</td>
<td>24.0%</td>
<td>15.9%</td>
</tr>
<tr>
<td>Has been a member of a gang in the past 12 months</td>
<td>~</td>
<td>6.2%</td>
<td>6.6%</td>
<td>5.7%</td>
</tr>
</tbody>
</table>

~ Not asked of students in this grade
* Too few responses to report

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Rv. 11/12

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Healthy Communities & Assessment
# Youth Tobacco Use: Snohomish County 2010

Findings from the Washington State Healthy Youth Survey

## Cigarettes

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>12&lt;sup&gt;th&lt;/sup&gt; Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Currently smoke Cigarettes, past 30 days</td>
<td>0.9</td>
<td>6.0</td>
<td>13.5</td>
<td>19.2</td>
</tr>
<tr>
<td>Ever tried a cigarette</td>
<td>~</td>
<td>16.4</td>
<td>28.8</td>
<td>42.0</td>
</tr>
<tr>
<td>Think it would be very easy to get Cigarettes if they wanted some</td>
<td>6.3</td>
<td>15.6</td>
<td>31.7</td>
<td>55.2</td>
</tr>
<tr>
<td>Think it is very wrong for someone their age to smoke Cigarettes</td>
<td>90.2</td>
<td>74.8</td>
<td>57.9</td>
<td>42.6</td>
</tr>
<tr>
<td>Have made a firm commitment not to smoke cigarettes</td>
<td>89.2</td>
<td>75.4</td>
<td>67.2</td>
<td>62.1</td>
</tr>
</tbody>
</table>

## Cigars, Cigarillos, Little Cigars, and Bidis (Flavored Cigarettes)

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>12&lt;sup&gt;th&lt;/sup&gt; Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Currently use Cigars, Cigarillos or Little Cigars</td>
<td>~</td>
<td>3.1</td>
<td>8.2</td>
<td>14.6</td>
</tr>
<tr>
<td>Currently use tobacco that tastes like candy, fruit, or alcohol (tobacco includes: little cigars, bidis, cloves, chew, spit, snus, hookah) in the past 30 days</td>
<td>~</td>
<td>3.9</td>
<td>11.2</td>
<td>18.7</td>
</tr>
</tbody>
</table>

---

Cigars contain the same toxic and carcinogenic (cancer causing) compounds found in cigarettes and are not a safe alternative to cigarettes. Small, thin hand-rolled cigarettes imported to the United States primarily from India and other Southeast Asian countries. Bidis have higher concentrations of nicotine, tar, and carbon monoxide than conventional cigarettes sold in the United States. Source: Centers for Disease Control and Prevention

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Imported from Indonesia, kreteks typically contain a mixture consisting of tobacco, cloves, and other additives. Research indicates that analyses indicate that kreteks deliver more nicotine, carbon monoxide, and tar than conventional cigarettes. Source: Centers for Disease Control and Prevention

-- Not asked of students in this grade.

## Chew, Snuff or Dip

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>12&lt;sup&gt;th&lt;/sup&gt; Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Currently use Chew, Snuff or Dip Tobacco, past 30 days</td>
<td>0.6</td>
<td>2.6</td>
<td>5.1</td>
<td>7.3</td>
</tr>
</tbody>
</table>

-- Smokeless tobacco is a significant health risk and is not a safe substitute for smoking cigarettes.

---

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Rv.3 / 13
### Youth & School: Snohomish County 2010

Findings from the Washington State Healthy Youth Survey

#### School Atmosphere

<table>
<thead>
<tr>
<th>Enjoy being in school (often, almost always)</th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>60.4</td>
<td>51.4</td>
<td>43.6</td>
<td>42.1</td>
</tr>
<tr>
<td>Hate being in school (often, almost always)</td>
<td>12.6</td>
<td>22.7</td>
<td>27.4</td>
<td>25.6</td>
</tr>
<tr>
<td>Tries to do their best work often or almost always (often, almost always)</td>
<td>92.1</td>
<td>81.6</td>
<td>72.9</td>
<td>71.8</td>
</tr>
<tr>
<td>In my school, students have &quot;lots of chances to decide things” (yes, YES)</td>
<td>~</td>
<td>47.9</td>
<td>47.6</td>
<td>45.7</td>
</tr>
<tr>
<td>The school lets my parents know when I have done something well (yes, YES)</td>
<td>49.7</td>
<td>36.4</td>
<td>24.6</td>
<td>21.6</td>
</tr>
<tr>
<td>I feel safe at my school (yes, YES)</td>
<td>87.8</td>
<td>83.9</td>
<td>84.1</td>
<td>87.9</td>
</tr>
<tr>
<td>Missed whole days of school because skipped or cut in the past 4 weeks</td>
<td>15.8</td>
<td>16.9</td>
<td>20.2</td>
<td>26.4</td>
</tr>
<tr>
<td>If you skipped school, would you be caught by your parents (yes, YES)</td>
<td>~</td>
<td>88.4</td>
<td>80.0</td>
<td>69.2</td>
</tr>
</tbody>
</table>

#### School Work

<table>
<thead>
<tr>
<th>How often do you feel the schoolwork you are assigned is meaningful and important (seldom, never)</th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>12.9</td>
<td>15.2</td>
<td>25.0</td>
<td>26.5</td>
</tr>
<tr>
<td>How interesting are most of your courses to you? (very/stimulating, quite, fairly)</td>
<td>85.5</td>
<td>76.8</td>
<td>73.6</td>
<td>77.4</td>
</tr>
<tr>
<td>How important do you think the things you are learning are going to be for you later in life (very, quite, fairly)</td>
<td>93.6</td>
<td>87.2</td>
<td>77.2</td>
<td>76.9</td>
</tr>
<tr>
<td>My parents ask if I’ve gotten my homework done (yes, YES)</td>
<td>~</td>
<td>88.4</td>
<td>83.0</td>
<td>75.5</td>
</tr>
</tbody>
</table>

#### Students and Teaching

<table>
<thead>
<tr>
<th>There are lots of chances for students to talk to teachers 1:1 (yes, YES)</th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>~</td>
<td>79.0</td>
<td>76.0</td>
<td>81.3</td>
</tr>
<tr>
<td>Teachers ask me to work on special classroom projects (yes, YES)</td>
<td>~</td>
<td>43.5</td>
<td>31.4</td>
<td>33.2</td>
</tr>
<tr>
<td>Lots of chances to be part of class discussions/activities</td>
<td>~</td>
<td>84.1</td>
<td>86.6</td>
<td>88.1</td>
</tr>
<tr>
<td>My teacher notices when I do a good job and lets me know about it (yes, YES)</td>
<td>76.5</td>
<td>66.5</td>
<td>57.9</td>
<td>62.8</td>
</tr>
<tr>
<td>My teacher praises me when I work hard at school (yes, YES)</td>
<td>56.4</td>
<td>49.6</td>
<td>40.3</td>
<td>42.7</td>
</tr>
</tbody>
</table>

* Not asked of students in this grade

* Too few responses to report

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Rv 11/12
### Youth Mental Health: Snohomish County 2010

**Findings from the Washington State Healthy Youth Survey**

#### Suicide (Past Year)

<table>
<thead>
<tr>
<th></th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seriously considered attempting suicide</td>
<td>11.8</td>
<td>13.8</td>
<td>19.7</td>
<td>15.6</td>
</tr>
<tr>
<td>Planned how you would attempt suicide</td>
<td>~</td>
<td>10.7</td>
<td>13.7</td>
<td>11.1</td>
</tr>
<tr>
<td>Attempted suicide</td>
<td>3.2</td>
<td>6.9</td>
<td>8.0</td>
<td>5.3</td>
</tr>
<tr>
<td>Very or somewhat likely to seek help if feeling depressed or suicidal</td>
<td>~</td>
<td>25.8</td>
<td>34.2</td>
<td>37.6</td>
</tr>
<tr>
<td>Very or somewhat likely to seek help for a friend who is depressed or suicidal</td>
<td>~</td>
<td>80.5</td>
<td>85.8</td>
<td>86.9</td>
</tr>
</tbody>
</table>

#### Depression (Past Year)

<table>
<thead>
<tr>
<th></th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have been severely depressed *</td>
<td>~</td>
<td>24.8</td>
<td>30.7</td>
<td>29.6</td>
</tr>
<tr>
<td>Feel alone in life, ratings of 9-10, 10 is ”completely true”</td>
<td>~</td>
<td>8.7</td>
<td>8.6</td>
<td>6.8</td>
</tr>
<tr>
<td>Have goals and plans for the future</td>
<td>87.4</td>
<td>~</td>
<td>~</td>
<td>~</td>
</tr>
<tr>
<td>Look forward to the future, ratings of 8-10 ”completely true”</td>
<td>~</td>
<td>75.2</td>
<td>71.3</td>
<td>74.0</td>
</tr>
</tbody>
</table>

*Depressed – Student self report of being so sad or hopeless they stopped doing usual activities for two or more weeks in a row.

#### Social Support

<table>
<thead>
<tr>
<th></th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Do not feel they can ask a parent for help with a personal problem</td>
<td>10.7</td>
<td>19.4</td>
<td>27.2</td>
<td>25.9</td>
</tr>
<tr>
<td>Do not have (or are not sure) they have an adult to turn to when feeling sad or hopeless</td>
<td>18.0</td>
<td>28.0</td>
<td>32.2</td>
<td>25.0</td>
</tr>
<tr>
<td>School provides help for substance use problems</td>
<td>~</td>
<td>62.7</td>
<td>66.4</td>
<td>68.5</td>
</tr>
</tbody>
</table>

#### Bullying (Past 30 Days)

<table>
<thead>
<tr>
<th></th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Been bullied in the past 30 days</td>
<td>29.0</td>
<td>31.9</td>
<td>24.0</td>
<td>15.9</td>
</tr>
</tbody>
</table>

#### Abuse

<table>
<thead>
<tr>
<th></th>
<th>6th Graders</th>
<th>8th Graders</th>
<th>10th Graders</th>
<th>12th Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Boyfriend/girlfriend has limited your activities or threatened you</td>
<td>~</td>
<td>6.1</td>
<td>8.2</td>
<td>10.4</td>
</tr>
<tr>
<td>Boyfriend/girlfriend physically hurt you</td>
<td>~</td>
<td>6.3</td>
<td>6.9</td>
<td>6.5</td>
</tr>
<tr>
<td>Ever been physically abused by an adult (2006 data)</td>
<td>~</td>
<td>15.4</td>
<td>19.2</td>
<td>18.3</td>
</tr>
</tbody>
</table>

~ Not available for students in this grade

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Rv. 11/12

Healthy Communities & Assessment
# Healthy Weight, Healthy Eating and Physical Activity: Snohomish County 2010

**Findings from the Washington State Healthy Youth Survey**

## Weight

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>12&lt;sup&gt;th&lt;/sup&gt; Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obese</td>
<td>~</td>
<td>12.4</td>
<td>9.0</td>
<td>10.8</td>
</tr>
<tr>
<td>Overweight</td>
<td>~</td>
<td>15.9</td>
<td>14.1</td>
<td>12.2</td>
</tr>
<tr>
<td>Trying to lose weight</td>
<td>~</td>
<td>41.5</td>
<td>40.9</td>
<td>45.3</td>
</tr>
</tbody>
</table>

## Meals

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>12&lt;sup&gt;th&lt;/sup&gt; Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Not regularly eating dinner with family (Never, Rarely)</td>
<td>10.2</td>
<td>16.5</td>
<td>20.8</td>
<td>25.7</td>
</tr>
<tr>
<td>Not eating breakfast</td>
<td>19.6</td>
<td>34.6</td>
<td>37.1</td>
<td>40.7</td>
</tr>
<tr>
<td>Skipping meals or cutting meal size due to lack of money</td>
<td>~</td>
<td>15.5</td>
<td>17.3</td>
<td>18.6</td>
</tr>
</tbody>
</table>

## Food Choices

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>12&lt;sup&gt;th&lt;/sup&gt; Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drinking two or more regular (sweetened) sodas or pops a day</td>
<td>7.5</td>
<td>10.9</td>
<td>11.8</td>
<td>11.1</td>
</tr>
</tbody>
</table>

## Physical Activity

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>12&lt;sup&gt;th&lt;/sup&gt; Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physically active for 60 minutes per day</td>
<td>28.2</td>
<td>25.7</td>
<td>19.9</td>
<td>17.8</td>
</tr>
<tr>
<td>Not attending physical education (PE) classes in school</td>
<td>~</td>
<td>20.0</td>
<td>59.2</td>
<td>64.4</td>
</tr>
<tr>
<td>Does not walk to school</td>
<td>71.4</td>
<td>70.7</td>
<td>61.7</td>
<td>71.3</td>
</tr>
<tr>
<td>Does not bike to school</td>
<td>92.1</td>
<td>93.5</td>
<td>95.0</td>
<td>95.0</td>
</tr>
</tbody>
</table>

## Screen Time

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>8&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>10&lt;sup&gt;th&lt;/sup&gt; Graders</th>
<th>12&lt;sup&gt;th&lt;/sup&gt; Graders</th>
</tr>
</thead>
<tbody>
<tr>
<td>Spending 2+ hours on a school day watching TV/DVD/Videos</td>
<td>~</td>
<td>49.4</td>
<td>48.9</td>
<td>47.0</td>
</tr>
<tr>
<td>Spending 2+ hours on a school day playing video or computer games</td>
<td>~</td>
<td>35.5</td>
<td>40.5</td>
<td>40.7</td>
</tr>
</tbody>
</table>

~ Not available for students in this grade.

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### MARIJUANA

<table>
<thead>
<tr>
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<th>6&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>8&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>10&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>12&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Currently use Marijuana</td>
<td>0.7</td>
<td>7.6</td>
<td>20.8</td>
<td>25.7</td>
</tr>
<tr>
<td>Ever tried Marijuana</td>
<td>2.7</td>
<td>10.9</td>
<td>31.9</td>
<td>44.1</td>
</tr>
<tr>
<td>Think it would be easy to get Marijuana if they wanted some</td>
<td>5.3</td>
<td>21.7</td>
<td>54.6</td>
<td>68.8</td>
</tr>
<tr>
<td>Think it is very wrong for someone their age to use Marijuana</td>
<td>94.6</td>
<td>76.7</td>
<td>52.3</td>
<td>37.3</td>
</tr>
</tbody>
</table>

### METHAMPHETAMINE, COCAINE & OTHER ILLEGAL DRUGS

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>8&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>10&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>12&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever tried Methamphetamine</td>
<td>~</td>
<td>3.3</td>
<td>4.4</td>
<td>4.4</td>
</tr>
<tr>
<td>Ever tried Cocaine to get high</td>
<td>~</td>
<td>3.2</td>
<td>5.6</td>
<td>7.8</td>
</tr>
<tr>
<td>Used any illegal drug to get high in past 30 days</td>
<td>~</td>
<td>8.2</td>
<td>21.9</td>
<td>26.9</td>
</tr>
</tbody>
</table>

### INHALANTS

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>8&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>10&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>12&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ever tried Inhalants to get high</td>
<td>2.5</td>
<td>5.9</td>
<td>9.7</td>
<td>9.2</td>
</tr>
</tbody>
</table>

### PRESCRIPTION DRUGS

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>8&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>10&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>12&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Used Ritalin without a doctor’s order</td>
<td>~</td>
<td>2.1</td>
<td>4.2</td>
<td>4.5</td>
</tr>
<tr>
<td>Currently use Painkillers to get high (e.g. Vicodin, Percocet)</td>
<td>~</td>
<td>3.8</td>
<td>9.0</td>
<td>7.4</td>
</tr>
<tr>
<td>Got Painkillers from my own prescription</td>
<td>~</td>
<td>2.3</td>
<td>3.4</td>
<td>6.5</td>
</tr>
<tr>
<td>Got Painkillers from a friend</td>
<td>1.4</td>
<td>4.7</td>
<td>5.1</td>
<td></td>
</tr>
<tr>
<td>Took from home or someone else’s house</td>
<td>~</td>
<td>1.2</td>
<td>2.2</td>
<td>2.8</td>
</tr>
</tbody>
</table>

### AVAILABILITY AND ATTITUDES TOWARDS DRUGS

<table>
<thead>
<tr>
<th></th>
<th>6&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>8&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>10&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
<th>12&lt;sup&gt;TH&lt;/sup&gt; GRADERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Perceive Drugs as easy to obtain</td>
<td>20.5</td>
<td>25.2</td>
<td>36.4</td>
<td>40.9</td>
</tr>
<tr>
<td>Have a favorable attitude towards Drug use</td>
<td>17.0</td>
<td>22.2</td>
<td>36.0</td>
<td>38.0</td>
</tr>
<tr>
<td>Perceive risk of Drug use</td>
<td>33.9</td>
<td>33.9</td>
<td>35.7</td>
<td>47.2</td>
</tr>
<tr>
<td>Intentions to use Drugs</td>
<td>~</td>
<td>29.6</td>
<td>42.5</td>
<td>35.0</td>
</tr>
<tr>
<td>Parental attitudes favorable towards Drug use</td>
<td>~</td>
<td>19.4</td>
<td>36.8</td>
<td>37.3</td>
</tr>
</tbody>
</table>

~ Not asked of students in this grade.

* Currently use = any use in the past 30 days (also called recent use). Ever tried = use at anytime in the past (also called lifetime use).

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